

Christmas Hamper Gift Ideas

Gift Suggestions:

Gift certificates, personal care items, gloves, slippers, socks, pajamas

Age appropriate puzzles, blocks, toys, educational toys, board games, models, and children's CD's/DVD's



Please Note: **No used items to be included in Hampers**

Food Suggestions:

Pasta, rice, canned/packaged soups, crackers, canned fruit, mayonnaise, peanut butter, margarine/butter, cereal, coffee, tea, canned tuna/salmon, Kraft Dinner, cheese whiz, pancake mix, syrup, potatoes, spaghetti and sauce, ravioli/chili, hamburger helper, cookies, canned baked beans, vegetarian chili, box of chocolates, jello, puddings, Christmas treats, Mandarin oranges, jam, juice and any other items you might like to add.

Gift certificate for perishables: meat (ham/turkey), cheese, milk, eggs, bread, fresh vegetables

(Safeway/Save On/Superstore/Walmart are probably most convenient)

Miscellaneous:

Laundry soap, dish detergent, hand soap, toothpaste, shampoo, personal care items

Additional Information:



Charitable tax receipts will be issued for donations of cash and purchases (including gift certificates) if receipts are provided.

Please call the Hamper Coordinator Debbie at 604-596-4321 or email debbie.perkes@options.bc.ca if you have any further questions. Thank you for your support and generosity.