

EMERGENCY SERVICES

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| AMBULANCE, FIRE, POLICE, INHALATOR | 911 |
| CLOVERDALE SHELTER | 604-574-4341 |
| DURRANT HOUSE - Crisis Line | 604-531-4430 |
| EVERGREEN TRANSITION HOUSE | 604-584-3301 |
| HELP LINE FOR CHILDREN | 604-310-1234 |
| BC MENTAL HEALTH INFORMATION LINE | 604-669-7600 |
| MINISTRY OF EMPLOYMENT & INCOME ASSISTANCE Emergency Services (after hours) | 604-660-3194 |
| PARENTS SUPPORT SERVICES | 604-669-1616 |
| POISON CENTRE (24 Hrs per day / 7 Days per week) | 604-682-5050 |
| SURREY CRISIS LINE | 604-951-8855 |
| VANCOUVER RAPE RELIEF & SHELTER | 604-872-8212 |
| HYLAND HOUSE SHELTER (Men & Women) | 604-599-8900 |
| VIRGINIA SAM TRANSITION HOUSE | 604-572-5116 |
| YOUTH AGAINST VIOLENCE | 604-775-4264 |

HEALTH SERVICES

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| HEALTHLINK BC | 811 |
| MAXXINE WRIGHT COMMUNITY HEALTH CENTRE (Women & Children) | 604-587-3835 |
| SURREY NORTH COMMUNITY HEALTH CENTRE (Doctor: 1-5 pm, Nurse: 1-6pm) 10693 - 135A St., Surrey | 604-583-5666 |
| HEALTHIEST BABIES POSSIBLE 10256 - 154 St., Surrey | 604-583-1017 |
| HEALTH & SENIORS INFORMATION LINE | 1-800-465-4911 |

HOSPITALS

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| LANGLEY MEMORIAL HOSPITAL 22021 Fraser Highway | 604-534-4121 |
| PEACE ARCH DISTRICT HOSPITAL 15521 Russell Ave, White Rock | 604-531-5512 |
| SURREY MEMORIAL HOSPITAL 13750 - 96th Ave, Surrey | 604-581-2211 |

HEALTH UNITS - FRASER HEALTH AUTHORITY

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| CLOVERDALE | 604-575-5100 |
| DELTA | 604-507-5400 |
| GUILDFORD | 604-587-4750 |
| NEWTON | 604-592-2000 |
| NORTH SURREY | 604-587-7900 |
| SOUTH SURREY / WHITE ROCK | 604-542-4000 |

LEGAL SERVICES (cont'd)

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| LEGAL AID * LEGAL SERVICES SOCIETY OF B.C. | 604-585-6595 |
| MENTAL PATIENT ASSOCIATION - Court Services | 604-572-2405 |
| SURREY RCMP (non-emergency) | 604-599-0502 |

COURT INFORMATION

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| NATIVE COURT WORKERS & COUNSELLING ASSOCIATION | 604-588-8430 |
| SURREY CROWN COUNSEL OFFICE | 604-572-2360 |
| SURREY FAMILY COURT | 604-572-2200 |
| SURREY FAMILY JUSTICE CENTRE | 604-501-3100 |
| SURREY PROVINCIAL COURT | 604-572-2200 |
| SURREY SMALL CLAIMS COURT | 604-572-2200 |
| SURREY SPECIALIZED VICTIMS' ASSISTANCE | 604-583-1295 |
| VICTIM LINK Victims Information Line | 1-800-563-0808 |
| VICTIMS SERVICES Delta | 604-940-5019 |
| Langley | 604-532-3200 |
| Surrey (R.C.M.P.) | 604-599-7600 |

PROBATION OFFICES

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| DELTA/WEST FRASER 8285 - 120 St | 604-501-3292 |
| LANGLEY 101 - 5755 Glover Rd. | 604-532-3610 |
| SURREY NORTH 103, 10475 - 138 St. | 604-586-4255 |
| SURREY SOUTH/EAST 100, 13545 - 64 Ave. | 604-502-5330 |

FINANCIAL INFORMATION

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| HOUSING & SOCIAL DEVELOPMENT OFFICES Delta / Surrey West | 604-501-3257 |
| Fleetwood | 604-501-8250 |
| Park Place | 604-501-8159 |
| Riverheights | 604-586-2755 |
| Scottsview | 604-586-2755 |
| Whalley | 604-586-2866 |
| SERVICE CANADA 7404 King George Hwy. | 1-800-622-6232 1-800-O-CANADA |
| EMPLOYMENT INSURANCE Information Line | 1-800-206-7218 |

SOCIAL ACTIVITIES, DROP-IN & RECREATION

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| SOUTH FRASER WOMEN'S SERVICES SOCIETY Laundry & shower (women) | 604-536-9611 |
| SURREY PARKS, RECREATION and CULTURE | 604-501-5000 |
| SURREY PUBLIC LIBRARY **FREE INTERNET** Cloverdale | 604-598-7320 |
| Fleetwood | 604-598-7340 |
| Guildford | 604-598-7360 |
| Newton | 604-598-7400 |
| Ocean Park | 604-502-6304 |
| Port Kells | 604-598-7440 |
| Semiahmoo | 604-592-6900 |

FOOD SERVICES (cont'd)

SURREY FOOD BANK - Mon., Tues, Thurs, Fri (9am-1pm)
10732 - 135 St., Surrey 604-581-5443

FREE MEALS

CLOVERDALE CHRISTIAN FELLOWSHIP
Community Soup Kitchen
Soup Monday 6-7:30pm, Pasta Tuesday 8:30-9:30pm,
Hot Dog Thursday 11am-1pm, Saturday 7:30-8:30pm
175 Street and 57 Avenue in Surrey 604-574-1725

GRACEPOINT COMMUNITY CHURCH (Sunday, 5:00pm)
3487 King George Hwy. 604-538-1825

GURU NANAK SIKH TEMPLE (Every day, 8am - 8pm)
7050 - 120 St., Surrey 604-594-8117

HOLY TRINITY CATHEDRAL (Thur. 8am-9am Breakfast)
514 Carnarvan St., New Westminster 604-521-2511

KING'S BANQUET SOUP KITCHEN (Tues. 4pm - 6pm)
15262 Pacific Ave., White Rock 604-538-2533

NIGHTSHIFT STREET MINISTRIES SOCIETY
(nightly 7-8:30 pm; call for meal serving location)
10759 - 135th St., Surrey 604-953-1114
nightshiftministries.org Fax 604-953-1415

QUEENS AVE. UNITED CHURCH (Wed. 11:30am-1pm Lunch)
Queens Ave. and Sixth St., New Westminster 604-522-1606

UNION GOSPEL MISSION (Breakfast 8am, Soup 10:30, Meal 12:30)
668 Clarkson St., New Westminster 604-525-8989

HOUSING SERVICES

GENERAL

B.C. HOUSING MANAGEMENT COMMISSION 604-525-3033

COMMUNITY HOUSING SERVICES
(Call for hours)
#100 - 6846 King George Hwy., Surrey ... 604-590-7368(RENT)

KEKINOW NATIVE HOUSING SOCIETY
#1014, 7445 - 132 St., Surrey 604-591-5299

SENIORS HOUSING INFORMATION 604-520-6621

EMERGENCY HOUSING

AFTER HOURS EMERGENCY SERVICES 604-660-3194

CLOVERDALE SHELTER 604-574-4341

GATEWAY SHELTER 604-589-7777

HYLAND HOUSE SHELTER (Men & Women) 604-599-8900

LANDLORD/TENANT PROBLEMS

RESIDENTIAL TENANCY OFFICE
Burnaby 604-660-3456

TENANT RIGHTS ACTION COALITION 604-255-0546

LEGAL SERVICES

COMMUNITY LEGAL ASSISTANCE 604-685-3425

LAW STUDENTS LEGAL ADVICE PROGRAM. 604-822-5791

LAWYER REFERRAL SERVICE 604-687-3221

MENTAL HEALTH SERVICES

ADOLESCENT CRISIS RESPONSE PROGRAM 604-585-5561

AFTER HOURS MENTAL HEALTH SERVICES 604-587-4222

CHILD & YOUTH
MENTAL HEALTH 604-951-5844 / 604-586-2685

DELTA MENTAL HEALTH & ADDICTIONS 604-948-7010

LANGLEY MENTAL HEALTH CENTRE 604-514-7940

MENTAL HEALTH & EDUCATION
White Rock/South Surrey Branch 604-536-2486

SURREY CENTRAL / NORTH MENTAL HEALTH
& ADDICTIONS CENTRE
Gateway Station Tower, 11th Floor
13410 - 108th Ave., Surrey 604-953-4900

WHITE ROCK/SOUTH SURREY
MENTAL HEALTH CENTRE
15521 Russell Ave.,
Vine Unit, Peace Arch Hospital, White Rock 604-541-6844

LOW COST DENTAL SERVICES

B.C. HEALTHY KIDS PROGRAM 1-866-866-0800 #4

COLLEGE OF DENTAL SURGEONS
Information Line 604-736-3621

DENTAL OUTPATIENT CLINIC
Vancouver General Hospital
805 W. 12th Ave., Vancouver 604-875-4006

DENTURE CLINIC
Academy of Dentistry
Burnaby 604-434-2611

DOUGLAS COLLEGE ASSISTING PROGRAM
New Westminster 604-527-5094

REACH DENTAL CLINIC
1145 Commercial Drive, Vancouver 604-254-1331

UBC DENTAL CLINIC 604-822-2112

OTHER HEALTH SERVICES

STI/Aids Testing & Counselling Clinic 604-587-7900
N. Surrey Public Health
220 - 10362 King George Hwy.

SOUTH FRASER PREGNANCY OPTIONS CENTRE
#13634 - 104 Ave., Surrey 604-596-3611

HEALTH INSURANCE B.C.
Medical Service Plan / Pharmacare 604-683-7151

SURREY ASSOCIATION FOR COMMUNITY LIVING
17687 - 56A Ave, Surrey 604-574-7481

THE NEEDLE EXCHANGE
10697 - 135A St., Surrey 604-584-5845

SMH YOUTH CLINIC 604-585-5999
13750 - 96 Ave., Surrey

1-800 SEX SENSE LINE 604-7317803

CLOTHING, FURNITURE, HOUSEHOLD GOODS

CHEAP CLOTHING, FURNITURE, HOUSEHOLD GOODS

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| SUPERFLUITY THRIFT SHOP 15163 Prospect Ave., White Rock | 604-536-7744 |
| MCC THRIFT STORE 10653 King George Hwy., Surrey | 604-583-0465 |
| OAK AVENUE MISSION - THE CLOTHES CLOSET (Tues. 10am - 2pm, Wed. 9:30am - 12:30pm, Thurs. 2 - 4pm) OAK AVENUE UNITED CHURCH 12740 - 102 Ave., Surrey | |
| SALVATION ARMY COMMUNITY SERVICES 13570 - 78th Ave, Surrey | 604-507-4860 |
| SALVATION ARMY THRIFT SHOPS 7091 King George Hwy., Surrey | 604-590-1438 |
| 5652 - 176 St., Surrey | 604-576-6217 |
| 13853 - 104 Ave., Surrey | 604-581-9833 |
| 1335 Johnston Road, White Rock | 604-531-6494 |
| SISTERS MARKETPLACE 10755 - 135th St., Surrey | 604-953-1155 |
| SOUTH FRASER WOMEN'S SERVICES SOCIETY (Clothing Exchange, women & children) | 604-536-9611 |
| PENNY SAVER'S THRIFT SHOP 11961 - 82 Ave., Delta | 604-501-2111 |
| GUILDFORD FAMILY PLACE 10310 - 154 St., Surrey | 604-583-3844 |
| VALUE VILLAGE 10642 King George Hwy., Surrey | 604-588-5225 |

COUNSELLING, SUPPORT, INFORMATION

GENERAL INFORMATION

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| DROP-IN COUNSELLING | 604-584-5811 |
| HEALTHLINK BC | 811 |
| HIV/AIDS SUPPORT NETWORK | 604-588-9004 |
| PRIDE LINE | 604-684-6869 |
| MULTICULTURAL SERVICES (Settlement Services in: Chinese, Korean, Spanish, Vietnamese, Somali,) | 604-572-4060 / 604-596-4357 |
| SEXUAL ABUSE COUNSELLING CENTRE | 604-584-5811 |
| SURREY HOSPICE SOCIETY | 604-583-7006 |
| SURREY WOMEN'S CENTRE | 604-583-1295 |
| CREDIT COUNSELLING | 1-888-527-8999 |
| S. FRASER WOMEN'S SERVICES SOCIETY | 604-536-9611 |

ADVOCACY

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| CHILD, YOUTH OFFICER OF B.C | 1-800-476-3933 |
| MENTAL HEALTH CONSUMER ADVOCACY | 604-596-1880 |
| OMBUDSMAN OF B.C. | 1-800-567-3247 |

ADVOCACY (cont'd)

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| NEWTON ADVOCACY GROUP SOCIETY | 604-596-2311 |
| S. FRASER WOMEN'S SERVICES SOCIETY | 604-536-9611 |

ALCOHOL/DRUG PROGRAMS

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| ALCOHOL & DRUG INFO AND REFERRAL | 604-660-9382 |
| ALCOHOLICS ANONYMOUS (A.A. - 24 HR) | 604-434-3933 |
| AL-ANON / AL-ATEEN | 604-688-1716 |
| ASTRA PROGRAM (Teens) | 604-592-6200 |
| COCAINE ANONYMOUS (CA) | Pager 604-662-8500 |
| EASY DOES IT RECOVERY CLUB | 604-597-9912 |
| NARCOTICS ANONYMOUS (NA - 24HR) | 604-873-1018 |
| SURREY MENTAL HEALTH & ADDICTIONS | 604-953-4900 |

FAMILY SERVICES

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| CRESCENT BEACH COMMUNITY SERVICES 2916 McBride Ave., White Rock | 604-535-0015 |
| DELTASSIST FAMILY COMMUNITY SERVICES 9097 - 120 St., Delta | 604-594-3455 |
| LANGLEY COMMUNITY SERVICES SOCIETY 5339 - 207th St., Langley | 604-534-7921 |
| OPTIONS SURREY COMMUNITY SERVICES SOCIETY ADMIN: 9815 - 140 St., Surrey 604-584-5811 NEWTON OFFICE: #100 - 6846 King George Hwy., Surrey 604-596-4321 | |

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| PEACE ARCH COMMUNITY SERVICES 882 Maple St., White Rock | 604-531-6226 |
| SALVATION ARMY COMMUNITY SERVICES | 604-507-4840 |
| DIVERSEcity COMMUNITY RESOURCES SOCIETY #1107, 7330 - 137 St. Surrey | 604-597-0205 |
| SOUTH FRASER COMMUNITY SERVICES 10667 - 135A St., Surrey | 604-589-8678 |
| PACIFIC COMMUNITY RESOURCE SOCIETY | 604-951-4821 |

FIRST NATIONS SERVICES

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| CWENEGITAL ABORIGINAL SOCIETY 13321 - 108 Ave., Surrey | 604-588-5561 |
| KLA-HOW-EYA ABORIGINAL CENTRE OF SACS 13629 - 108 Ave., Surrey | 604-584-2008 |
| METIS FAMILY SERVICES 13639 - 108th Ave., Surrey | 604-584-6621 |
| NATIVE COUNSELLING ASSOCIATION OF B.C. | 604-588-8430 |

FOOD SERVICES

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| DJAEF MAHIER GROCERY (high protein food bank for residents in South Fraser area that are HIV+) | 604-588-9004 |
| FOOD BANK (White Rock / South Surrey) | 604-531-8168 |
| MEALS ON WHEELS | 604-588-MEAL(6325) |
| SOUTH FRASER WOMEN'S SERVICES SOCIETY (Women & Children) Lunch Mon-Fri, 12-1:30 | 604-536-9611 |