

## SOCIAL ACTIVITIES, DROP-IN & RECREATION

SOUTH FRASER WOMEN'S SERVICES SOCIETY  
 Laundry & shower (women) ..... 604-536-9611

SURREY PARKS, RECREATION and CULTURE ..... 604-501-5000

SURREY PUBLIC LIBRARY **\*\*FREE INTERNET\*\***

Cloverdale .....	604-598-7320
Fleetwood .....	604-598-7340
Guildford .....	604-598-7360
Newton .....	604-598-7400
Ocean Park .....	604-502-6304
Port Kells .....	604-598-7440
Semiahmoo .....	604-592-6900
Strawberry Hill .....	604-501-5836
Whalley .....	604-598-7420

THE FRONT ROOM (call for hours)  
 10667 - 135A St., Surrey ..... 604-589-7777

## OTHER SERVICES

### BUS INFORMATION

BC BUS PASS PROGRAM .....	1-866-866-0800
TRANSLINK INFORMATION .....	604-953-3333
GREYHOUND LINES OF CANADA LTD. Passenger Fares & Schedule .....	604-482-8747
HandyDART .....	604-575-6600

## NON EMERGENCY NUMBERS

SURREY RCMP Non Emergency Line .....	604-599-0502
SURREY RCMP Auxiliary Constable Program .....	604-507-5984
PARAMEDICS/AMBULANCE Non Emergency .....	604-872-5151
FIRE Non-Emergency .....	604-543-6700

## FREQUENTLY CALLED TELEPHONE NUMBERS

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## NOTES:

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# SURREY SURVIVAL GUIDE



## A Guide to Free and Low Cost Goods and Services



**ADMINISTRATION OFFICE**  
**CAROLE WAHL BUILDING**  
 9815 - 140 St., Surrey, B.C. V3T 4M4  
 T: 604-584-5811, F: 604-584-7628  
 Website: [www.options.bc.ca](http://www.options.bc.ca)

**NEWTON OFFICE**  
 13520 - 78th Ave., Surrey, B.C. V3W 8J6  
 T: 604-596-4321, F: 604-572-7413  
 Website: [www.options.bc.ca](http://www.options.bc.ca)

**PLEASE NOTE:** Telephone numbers are subject to change without notice.

## EMERGENCY SERVICES

AMBULANCE, FIRE, POLICE, INHALATOR .....	911
CLOVERDALE SHELTER .....	604-574-4341
DURRANT HOUSE - Crisis Line .....	604-531-4430
EVERGREEN TRANSITION HOUSE .....	604-584-3301
HELP LINE FOR CHILDREN .....	604-310-1234
BC MENTAL HEALTH INFORMATION LINE .....	604-669-7600
MINISTRY OF EMPLOYMENT & INCOME ASSISTANCE Emergency Services (after hours) .....	604-660-3194
PARENTS SUPPORT SERVICES .....	604-669-1616
POISON CENTRE (24 Hrs per day / 7 Days per week) .....	604-682-5050
<b>FRASER HEALTH CRISIS LINE .....</b>	<b>604-951-8855</b>
VANCOUVER RAPE RELIEF & SHELTER .....	604-872-8212
HYLAND HOUSE SHELTER (Men & Women) .....	604-599-8900
VIRGINIA SAM TRANSITION HOUSE .....	604-572-5116
YOUTH AGAINST VIOLENCE .....	604-775-4264

## HEALTH SERVICES

HEALTHLINK BC .....	811
MAXXINE WRIGHT COMMUNITY HEALTH CENTRE (Women & Children) .....	604-587-3835
SURREY NORTH COMMUNITY HEALTH CENTRE (Doctor: 1-5 pm, Nurse: 1-6pm) 10693 - 135A St., Surrey .....	604-583-5666
HEALTHIEST BABIES POSSIBLE 10256 - 154 St., Surrey .....	604-583-1017
HEALTH & SENIORS INFORMATION LINE .....	1-800-465-4911

### HOSPITALS

LANGLEY MEMORIAL HOSPITAL 22021 Fraser Highway .....	604-534-4121
PEACE ARCH DISTRICT HOSPITAL 15521 Russell Ave, White Rock .....	604-531-5512
SURREY MEMORIAL HOSPITAL 13750 - 96th Ave, Surrey .....	604-581-2211
<b>HEALTH UNITS - FRASER HEALTH AUTHORITY</b>	
CLOVERDALE .....	604-575-5100
DELTA .....	604-507-5400
GUILDFORD .....	604-587-4750
NEWTON .....	604-592-2000
NORTH SURREY .....	604-587-7900
SOUTH SURREY / WHITE ROCK .....	604-542-4000

## LEGAL SERVICES (cont'd)

LEGAL AID * LEGAL SERVICES SOCIETY OF B.C. ....	604-585-6595
MENTAL PATIENT ASSOCIATION - Court Services ..	604-572-2405
SURREY RCMP (non-emergency) .....	604-599-0502
<b>COURT INFORMATION</b>	
NATIVE COURT WORKERS & COUNSELLING ASSOCIATION .....	604-588-8430
SURREY CROWN COUNSEL OFFICE .....	604-572-2360
SURREY FAMILY COURT .....	604-572-2200
SURREY FAMILY JUSTICE CENTRE .....	604-501-3100
SURREY PROVINCIAL COURT .....	604-572-2200
SURREY SMALL CLAIMS COURT .....	604-572-2200
SURREY SPECIALIZED VICTIMS' ASSISTANCE ....	604-583-1295
VICTIM LINK Victims Information Line .....	1-800-563-0808
VICTIMS SERVICES Delta .....	604-940-5019
Langley .....	604-532-3200
Surrey (R.C.M.P.) .....	604-599-7600

### PROBATION OFFICES

DELTA/WEST FRASER 8285 - 120 St .....	604-501-3292
LANGLEY 101 - 5755 Glover Rd. ....	604-532-3610
SURREY NORTH 103, 10475 - 138 St. ....	604-586-4255
SURREY SOUTH/EAST 100, 13545 - 64 Ave. ....	604-502-5330

## FINANCIAL INFORMATION

### HOUSING & SOCIAL DEVELOPMENT OFFICES

SURREY .....	(one number for all of Surrey) 604-586-5600
Fleetwood (V3S, V49, V4B & V4P) 101-16088 - 84 Ave., Surrey, B.C. V3T 4G1	
Park Place (V4C, V4E & V3W) 130, 13749 - 72 Ave., Surrey, B.C. V3W 2P2	
Richmond (V4G, V4K, V4L & V4M) 100 - 5760 Minoru Blvd.	
Surrey North (V3T & V3V) 100, 13650 - 102 Ave., Surrey, B.C. V3T 1N6	
Whalley (V3R) 101, 10095 - Whalley Ring Blvd., Surrey, B.C. V3T 4G1	
LANGLEY .....	604-532-3666
5753 Glover Rd., Langley, B.C. V3A 8H4	
SERVICE CANADA .....	1-800-622-6232
	1-800-O-CANADA
Surrey North (13889 - 104 Ave.) .....	604-590-3346
Surrey South (#103 - 15295 Highway 10)	
EMPLOYMENT INSURANCE Information Line .....	1-800-206-7218

## FOOD SERVICES (cont'd)

SOUTH FRASER WOMEN'S SERVICES SOCIETY  
(Women & Children) Lunch Mon-Fri, 12-1:30 ..... 604-536-9611

SURREY FOOD BANK - Mon., Tues, Thurs, Fri (9am-1pm)  
10732 - 135 St., Surrey ..... 604-581-5443

### FREE MEALS

GRACEPOINT COMMUNITY CHURCH (Sunday, 5:00pm)  
3487 King George Blvd. .... 604-538-1825

HOLY TRINITY CATHEDRAL (Thur. 8am-9am Breakfast)  
514 Carnarvan St., New Westminster ..... 604-521-2511

KING'S BANQUET SOUP KITCHEN (Tues. 4pm - 6pm)  
15262 Pacific Ave., White Rock ..... 604-538-2533

NIGHTSHIFT STREET MINISTRIES SOCIETY  
(nightly 7-8:30 pm; call for meal serving location)  
10635 King George Blvd., Surrey ..... 604-953-1114  
nightshiftministries.org ..... Fax 604-953-1415

QUEENS AVE. UNITED CHURCH (Wed. 11:30am-1pm Lunch)  
Queens Ave. and Sixth St., New Westminster ..... 604-522-1606

SHEPARD'S INN SOUP KITCHEN (Call for info.)  
17802 - 66 Ave., Surrey ..... 604-574-1725

THE SURREY URBAN MISSION  
13388 - 104 Ave., Surrey ..... 604-581-5172  
Mon, Wed, Fri Noon. Sat 9-11. Sun 5-6 (3rd Sunday/month)

UNION GOSPEL MISSION (Breakfast 8:30-9:30am, Soup 11-12)  
658 Clarkson St., New Westminster ..... 604-525-8989

## HOUSING SERVICES

### GENERAL

B.C. HOUSING MANAGEMENT COMMISSION ..... 604-525-3033

COMMUNITY HOUSING SERVICES (Call for hours)  
#100 - 6846 King George Blvd., Surrey .. 604-590-7368(RENT)

KEKINOW NATIVE HOUSING SOCIETY  
#1014, 7445 - 132 St., Surrey ..... 604-591-5299

SENIORS HOUSING INFORMATION ..... 604-520-6621

### EMERGENCY HOUSING

AFTER HOURS EMERGENCY SERVICES ..... 604-660-3194

CLOVERDALE SHELTER ..... 604-574-4341

GATEWAY SHELTER ..... 604-589-7777

HYLAND HOUSE SHELTER (Men & Women) ..... 604-599-8900

### LANDLORD/TENANT PROBLEMS

RESIDENTIAL TENANCY OFFICE  
Burnaby ..... 604-660-3456

TENANT RIGHTS ACTION COALITION ..... 604-255-0546

## LEGAL SERVICES

COMMUNITY LEGAL ASSISTANCE ..... 604-685-3425

LAW STUDENTS LEGAL ADVICE PROGRAM. .... 604-822-5791

LAWYER REFERRAL SERVICE ..... 604-687-3221

## MENTAL HEALTH SERVICES

ADOLESCENT CRISIS RESPONSE PROGRAM ..... 604-585-5561

AFTER HOURS MENTAL HEALTH SERVICES ..... 1-877-384-8062

CHILD & YOUTH  
MENTAL HEALTH ..... 604-951-5844 / 604-586-2685

DELTA MENTAL HEALTH & ADDICTIONS ..... 604-948-7010

LANGLEY MENTAL HEALTH CENTRE ..... 604-514-7940

MENTAL HEALTH & EDUCATION  
White Rock/South Surrey Branch ..... 604-536-2486

SURREY CENTRAL / NORTH MENTAL HEALTH  
& ADDICTIONS CENTRE  
Gateway Station Tower, 11th Floor  
13410 - 108th Ave., Surrey ..... 604-953-4900

WHITE ROCK/SOUTH SURREY  
MENTAL HEALTH CENTRE  
15521 Russell Ave.,  
Russell Unit, Peace Arch Hospital, White Rock .... 604-541-6844

## LOW COST DENTAL SERVICES

B.C. HEALTHY KIDS PROGRAM ..... 1-866-866-0800 #4

COLLEGE OF DENTAL SURGEONS  
Information Line ..... 604-736-3621

DENTAL OUTPATIENT CLINIC  
Vancouver General Hospital  
805 W. 12th Ave., Vancouver ..... 604-875-4006

DENTURE CLINIC  
Academy of Dentistry  
Burnaby ..... 604-434-2611

DOUGLAS COLLEGE ASSISTING PROGRAM  
New Westminster ..... 604-527-5094

REACH DENTAL CLINIC  
1145 Commercial Drive, Vancouver ..... 604-254-1331

UBC DENTAL CLINIC ..... 604-822-2112

## OTHER HEALTH SERVICES

STI/Aids Testing & Counselling Clinic ..... 604-587-7900  
N. Surrey Public Health  
220 - 10362 King George Blvd.

SOUTH FRASER PREGNANCY OPTIONS CENTRE  
5, 13634 - 104 Ave., Surrey ..... 604-584-4490

HEALTH INSURANCE B.C.  
Medical Service Plan / Pharmacare ..... 604-683-7151

SURREY ASSOCIATION FOR COMMUNITY LIVING  
17687 - 56A Ave, Surrey ..... 604-574-7481

THE NEEDLE EXCHANGE  
10697 - 135A St., Surrey ..... 604-584-5845

SMH YOUTH CLINIC ..... 604-585-5999  
13750 - 96 Ave., Surrey

1-800 SEX SENSE LINE ..... 604-7317803

# CLOTHING, FURNITURE, HOUSEHOLD GOODS

## CHEAP CLOTHING, FURNITURE, HOUSEHOLD GOODS

SUPERFLUITY THRIFT SHOP  
15163 Prospect Ave., White Rock ..... 604-536-7744

MCC THRIFT STORE  
10653 King George Blvd., Surrey ..... 604-583-0465

OAK AVENUE MISSION - THE CLOTHES CLOSET  
(Tues. 10am - 2pm, Wed. 9:30am - 12:30pm, Thurs. 2 - 4pm)  
OAK AVENUE UNITED CHURCH  
12740 - 102 Ave., Surrey

SALVATION ARMY THRIFT SHOPS  
7091 King George Blvd., Surrey ..... 604-590-1438  
5652 - 176 St., Surrey ..... 604-576-6217  
13853 - 104 Ave., Surrey ..... 604-581-9833  
1335 Johnston Road, White Rock ..... 604-531-6494

SISTERS MARKETPLACE NIGHTSHIFT  
10635 King George Blvd., Surrey ..... 604-953-1155

SOUTH FRASER WOMEN'S SERVICES SOCIETY  
(Clothing Exchange, women & children) ..... 604-536-9611

PENNY SAVER'S THRIFT SHOP  
11961 - 82 Ave., Delta ..... 604-501-2111

VALUE VILLAGE  
10642 King George Blvd., Surrey ..... 604-588-5225  
6925 King George Blvd., Surrey

# COUNSELLING, SUPPORT, INFORMATION

## GENERAL INFORMATION

HEALTHLINK BC ..... 811

HIV/AIDS SUPPORT NETWORK ..... 604-588-9004

PRIDE LINE ..... 604-684-6869

MULTICULTURAL SERVICES  
(Settlement Services in: Chinese, Korean, Spanish,  
Vietnamese, Somali) ..... 604-572-4060 / 604-596-4357

NIGHTSHIFT CARE CENTRE ..... 604-953-1154  
10635 King George Blvd., Surrey.

SEXUAL ABUSE COUNSELLING CENTRE ..... 604-584-5811

SURREY HOSPICE SOCIETY ..... 604-583-7006

SURREY WOMEN'S CENTRE ..... 604-583-1295

CREDIT COUNSELLING ..... 1-888-527-8999

S. FRASER WOMEN'S SERVICES SOCIETY ..... 604-536-9611

## ADVOCACY

CHILD, YOUTH OFFICER OF B.C ..... 1-800-476-3933

MENTAL HEALTH CONSUMER ADVOCACY ..... 604-596-1880

OMBUDSMAN OF B.C. .... 1-800-567-3247

NEWTON ADVOCACY GROUP SOCIETY ..... 604-596-2311

S. FRASER WOMEN'S SERVICES SOCIETY ..... 604-536-9611

## ALCOHOL / DRUG PROGRAMS

ALCOHOL & DRUG INFO AND REFERRAL ..... 604-660-9382

ALCOHOLICS ANONYMOUS (A.A. - 24 HR) ..... 604-434-3933

AL-ANON / AL-ATEEN ..... 604-688-1716

ASTRA PROGRAM (Teens) ..... 604-592-6200

COCAINE ANONYMOUS (CA) ..... Pager 604-662-8500

CREEKSIDE ..... 1-888-3755  
13740 - 94A Ave., Surrey Detox ..... 604-587-3755  
Daytox ..... 604-585-5610

EASY DOES IT RECOVERY CLUB ..... 604-597-9912

NARCOTICS ANONYMOUS (NA - 24HR) ..... 604-873-1018

SURREY MENTAL HEALTH & ADDICTIONS ..... 604-953-4900

## FAMILY SERVICES

CRESCENT BEACH COMMUNITY SERVICES  
2916 McBride Ave., White Rock ..... 604-535-0015

DELTASSIST FAMILY COMMUNITY SERVICES  
9097 - 120 St., Delta ..... 604-594-3455

LANGLEY COMMUNITY SERVICES SOCIETY  
5339 - 207th St., Langley ..... 604-534-7921

OPTIONS COMMUNITY SERVICES SOCIETY  
ADMIN: 9815 - 140 St., Surrey ..... 604-584-5811  
NEWTON OFFICE:  
13520 - 78 Ave., Surrey ..... 604-596-4321

SOURCES  
882 Maple St., White Rock ..... 604-531-6226

SALVATION ARMY COMMUNITY CHURCH  
13474 - 96 Ave., Surrey ..... 604-496-5172

DIVERSEcity COMMUNITY RESOURCES SOCIETY  
#1107, 7330 - 137 St. Surrey ..... 604-597-0205

SOUTH FRASER COMMUNITY SERVICES  
10667 - 135A St., Surrey ..... 604-589-8678

PACIFIC COMMUNITY RESOURCE SOCIETY ..... 604-951-4821

## FIRST NATIONS SERVICES

CWENEGITAL ABORIGINAL SOCIETY  
13321 - 108 Ave., Surrey ..... 604-588-5561

KLA-HOW-EYA ABORIGINAL CENTRE OF SACS  
13629 - 108 Ave., Surrey ..... 604-584-2008

METIS FAMILY SERVICES  
13639 - 108th Ave., Surrey ..... 604-584-6621

NATIVE COUNSELLING ASSOCIATION OF B.C. .... 604-588-8430

## FOOD SERVICES

DJAEF MAHIER GROCERY (high protein food bank for residents  
in South Fraser area that are HIV+)  
10697 - 135A St. .... 604-588-9004

FOOD BANK (White Rock / South Surrey) ..... 604-531-8168

MEALS ON WHEELS ..... 604-588-MEAL(6325)