

SURREY SURVIVAL GUIDE



A Guide to Free and Low Cost Goods and Services



**ADMINISTRATION OFFICE
CAROLE WAHL BUILDING**
9815 - 140 St., Surrey, B.C. V3T 4M4
T: 604-584-5811, F: 604-584-7628
Website: www.options.bc.ca

NEWTON OFFICE
13520 - 78th Ave., Surrey, B.C. V3W 8J6
T: 604-596-4321, F: 604-572-7413
Website: www.options.bc.ca

PLEASE NOTE: Telephone numbers are subject
to change without notice.

Revised: November 2011

EMERGENCY SERVICES

AMBULANCE, FIRE, POLICE, INHALATOR	911
CLOVERDALE SHELTER	604-574-4341
DURRANT HOUSE - Crisis Line	604-531-4430
EVERGREEN TRANSITION HOUSE	604-584-3301
HELP LINE FOR CHILDREN	604-310-1234
BC MENTAL HEALTH INFORMATION LINE	604-669-7600
MINISTRY OF EMPLOYMENT & INCOME ASSISTANCE Emergency Services (after hours)	604-660-3194
PARENTS SUPPORT SERVICES	604-669-1616
POISON CENTRE (24 Hrs per day / 7 Days per week)	604-682-5050
FRASER HEALTH CRISIS LINE	604-951-8855
VANCOUVER RAPE RELIEF & SHELTER	604-872-8212
HYLAND HOUSE SHELTER (Men & Women)	604-599-8900
VIRGINIA SAM TRANSITION HOUSE	604-572-5116
YOUTH AGAINST VIOLENCE	604-775-4264

HEALTH SERVICES

HEALTHLINK BC	811
MAXXINE WRIGHT COMMUNITY HEALTH CENTRE (Women & Children)	604-587-3835
SURREY NORTH COMMUNITY HEALTH CENTRE (Doctor: 1-5 pm, Nurse: 1-6pm) 10693 - 135A St., Surrey	604-583-5666
HEALTHIEST BABIES POSSIBLE 10256 - 154 St., Surrey	604-583-1017
HEALTH & SENIORS INFORMATION LINE	1-800-465-4911

HOSPITALS

LANGLEY MEMORIAL HOSPITAL 22021 Fraser Highway	604-534-4121
PEACE ARCH DISTRICT HOSPITAL 15521 Russell Ave, White Rock	604-531-5512
SURREY MEMORIAL HOSPITAL 13750 - 96th Ave, Surrey	604-581-2211

HEALTH UNITS - FRASER HEALTH AUTHORITY

CLOVERDALE	604-575-5100
DELTA	604-507-5400
GUILDFORD	604-587-4750
NEWTON	604-592-2000
NORTH SURREY	604-587-7900
SOUTH SURREY / WHITE ROCK	604-542-4000

MENTAL HEALTH SERVICES

- ADOLESCENT CRISIS RESPONSE PROGRAM 604-585-5561
- AFTER HOURS MENTAL HEALTH SERVICES 1-877-384-8062
- CHILD & YOUTH
MENTAL HEALTH 604-951-5844 / 604-586-2685
- DELTA MENTAL HEALTH & ADDICTIONS 604-948-7010
- LANGLEY MENTAL HEALTH CENTRE 604-514-7940
- MENTAL HEALTH & EDUCATION
White Rock/South Surrey Branch 604-536-2486
- SURREY CENTRAL / NORTH MENTAL HEALTH
& ADDICTIONS CENTRE
Gateway Station Tower, 11th Floor
13410 - 108th Ave., Surrey 604-953-4900
- WHITE ROCK/SOUTH SURREY
MENTAL HEALTH CENTRE
15521 Russell Ave.,
Russell Unit, Peace Arch Hospital, White Rock 604-541-6844

LOW COST DENTAL SERVICES

- B.C. HEALTHY KIDS PROGRAM 1-866-866-0800 #4
- COLLEGE OF DENTAL SURGEONS
Information Line 604-736-3621
- DENTAL OUTPATIENT CLINIC
Vancouver General Hospital
805 W. 12th Ave., Vancouver 604-875-4006
- DENTURE CLINIC
Academy of Dentistry
Burnaby 604-434-2611
- DOUGLAS COLLEGE ASSISTING PROGRAM
New Westminster 604-527-5094
- REACH DENTAL CLINIC
1145 Commercial Drive, Vancouver 604-254-1331
- UBC DENTAL CLINIC 604-822-2112

OTHER HEALTH SERVICES

- STI/Aids Testing & Counselling Clinic 604-587-7900
N. Surrey Public Health
220 - 10362 King George Blvd.
- SOUTH FRASER PREGNANCY OPTIONS CENTRE
5, 13634 - 104 Ave., Surrey 604-584-4490
- HEALTH INSURANCE B.C.
Medical Service Plan / Pharmacare 604-683-7151
- SURREY ASSOCIATION FOR COMMUNITY LIVING
17687 - 56A Ave, Surrey 604-574-7481
- THE NEEDLE EXCHANGE
10697 - 135A St., Surrey 604-584-5845
- SMH YOUTH CLINIC 604-585-5999
13750 - 96 Ave., Surrey
- 1-800 SEX SENSE LINE 604-7317803

CLOTHING, FURNITURE, HOUSEHOLD GOODS

CHEAP CLOTHING, FURNITURE, HOUSEHOLD GOODS

- SUPERFLUITY THRIFT SHOP
15163 Prospect Ave., White Rock 604-536-7744
- MCC THRIFT STORE
10653 King George Blvd., Surrey 604-583-0465
- OAK AVENUE MISSION - THE CLOTHES CLOSET
(Tues. 10am - 2pm, Wed. 9:30am - 12:30pm, Thurs. 2 - 4pm)
OAK AVENUE UNITED CHURCH
12740 - 102 Ave., Surrey
- SALVATION ARMY THRIFT SHOPS
7091 King George Blvd., Surrey 604-590-1438
5652 - 176 St., Surrey 604-576-6217
13853 - 104 Ave., Surrey 604-581-9833
1335 Johnston Road, White Rock 604-531-6494
- SISTERS MARKETPLACE NIGHTSHIFT
10635 King George Blvd., Surrey 604-953-1155
- SOUTH FRASER WOMEN'S SERVICES SOCIETY
(Clothing Exchange, women & children) 604-536-9611
- PENNY SAVER'S THRIFT SHOP
11961 - 82 Ave., Delta 604-501-2111
- VALUE VILLAGE
10642 King George Blvd., Surrey 604-588-5225
6925 King George Blvd., Surrey

COUNSELLING, SUPPORT, INFORMATION

GENERAL INFORMATION

- HEALTHLINK BC 811
- HIV/AIDS SUPPORT NETWORK 604-588-9004
- PRIDE LINE 604-684-6869
- MULTICULTURAL SERVICES
(Settlement Services in: Chinese, Korean, Spanish,
Vietnamese, Somali,) 604-572-4060 / 604-596-4357
- NIGHTSHIFT CARE CENTRE 604-953-1154
10635 King George Blvd., Surrey.
- SEXUAL ABUSE COUNSELLING CENTRE 604-584-5811
- SURREY HOSPICE SOCIETY 604-583-7006
- SURREY WOMEN'S CENTRE 604-583-1295
- CREDIT COUNSELLING 1-888-527-8999
- S. FRASER WOMEN'S SERVICES SOCIETY 604-536-9611

ADVOCACY

- CHILD, YOUTH OFFICER OF B.C 1-800-476-3933
- MENTAL HEALTH CONSUMER ADVOCACY 604-596-1880
- OMBUDSMAN OF B.C. 1-800-567-3247
- NEWTON ADVOCACY GROUP SOCIETY 604-596-2311
- S. FRASER WOMEN'S SERVICES SOCIETY 604-536-9611

ALCOHOL/DRUG PROGRAMS

ALCOHOL & DRUG INFO AND REFERRAL	604-660-9382
ALCOHOLICS ANONYMOUS (A.A. - 24 HR)	604-434-3933
AL-ANON / AL-ATEEN	604-688-1716
ASTRA PROGRAM (Teens).....	604-592-6200
COCAINE ANONYMOUS (CA)	Pager 604-662-8500
CREEKSIDE	1-888-3755
13740 - 94A Ave., Surrey Detox	604-587-3755
Daytox	604-585-5610
EASY DOES IT RECOVERY CLUB	604-597-9912
NARCOTICS ANONYMOUS (NA - 24HR).....	604-873-1018
SURREY MENTAL HEALTH & ADDICTIONS	604-953-4900

FAMILY SERVICES

CRESCENT BEACH COMMUNITY SERVICES	
2916 McBride Aven., White Rock	604-535-0015
DELTASSIST FAMILY COMMUNITY SERVICES	
9097 - 120 St., Delta	604-594-3455
LANGLEY COMMUNITY SERVICES SOCIETY	
5339 - 207th St., Langley	604-534-7921
OPTIONS COMMUNITY SERVICES SOCIETY	
ADMIN: 9815 - 140 St., Surrey	604-584-5811
NEWTON OFFICE:	
13520 - 78 Ave., Surrey	604-596-4321
SOURCES	
882 Maple St., White Rock	604-531-6226
SALVATION ARMY COMMUNITY CHURCH	
13474 - 96 Ave., Surrey	604-496-5172
DIVERSEcity COMMUNITY RESOURCES SOCIETY	
#1107, 7330 - 137 St. Surrey	604-597-0205
SOUTH FRASER COMMUNITY SERVICES	
10667 - 135A St., Surrey	604-589-8678
PACIFIC COMMUNITY RESOURCE SOCIETY	604-951-4821

FIRST NATIONS SERVICES

CWENEGITAL ABORIGINAL SOCIETY	
13321 - 108 Ave., Surrey	604-588-5561
KLA-HOW-EYA ABORIGINAL CENTRE OF SACS	
13629 - 108 Ave., Surrey	604-584-2008
METIS FAMILY SERVICES	
13639 - 108th Ave., Surrey	604-584-6621
NATIVE COUNSELLING ASSOCIATION OF B.C.	604-588-8430

FOOD SERVICES

DJAEF MAHIER GROCERY (high protein food bank for residents in South Fraser area that are HIV+)	
10697 - 135A St.	604-588-9004
FOOD BANK (White Rock / South Surrey)	604-531-8168
MEALS ON WHEELS	604-588-MEAL(6325)

FOOD SERVICES (cont'd)

- SOUTH FRASER WOMEN'S SERVICES SOCIETY
(Women & Children) Lunch Mon-Fri, 12-1:30 604-536-9611
- SURREY FOOD BANK - Mon., Tues, Thurs, Fri (9am-1pm)
10732 - 135 St., Surrey 604-581-5443

FREE MEALS

- GRACEPOINT COMMUNITY CHURCH (Sunday, 5:00pm)
3487 King George Blvd. 604-538-1825
- HOLY TRINITY CATHEDRAL (Thur. 8am-9am Breakfast)
514 Carnarvan St., New Westminster 604-521-2511
- KING'S BANQUET SOUP KITCHEN (Tues. 4pm - 6pm)
15262 Pacific Ave., White Rock 604-538-2533
- NIGHTSHIFT STREET MINISTRIES SOCIETY
(nightly 7-8:30 pm; call for meal serving location)
10635 King George Blvd., Surrey 604-953-1114
nightshiftministires.org Fax 604-953-1415
- QUEENS AVE. UNITED CHURCH (Wed. 11:30am-1pm Lunch)
Queens Ave. and Sixth St., New Westminster 604-522-1606
- SHEPARDS INN SOUP KITCHEN (Call for info.)
17802 - 66 Ave., Surrey 604-574-1725
- THE SURREY URBAN MISSION
13388 - 104 Ave., Surrey 604-581-5172
Mon, Wed, Fri Noon. Sat 9-11. Sun 5-6 (3rd Sunday/month)
- UNION GOSPEL MISSION (Breakfast 8:30-9:30am, Soup 11-12)
658 Clarkson St., New Westminster 604-525-8989

HOUSING SERVICES

GENERAL

- B.C. HOUSING MANAGEMENT COMMISSION 604-525-3033
- COMMUNITY HOUSING SERVICES (Call for hours)
#100 - 6846 King George Blvd., Surrey .. 604-590-7368(RENT)
- KEKINOW NATIVE HOUSING SOCIETY
#1014, 7445 - 132 St., Surrey 604-591-5299
- SENIORS HOUSING INFORMATION 604-520-6621

EMERGENCY HOUSING

- AFTER HOURS EMERGENCY SERVICES 604-660-3194
- CLOVERDALE SHELTER 604-574-4341
- GATEWAY SHELTER 604-589-7777
- HYLAND HOUSE SHELTER (Men & Women) 604-599-8900

LANDLORD/TENANT PROBLEMS

- RESIDENTIAL TENANCY OFFICE
Burnaby 604-660-3456
- TENANT RIGHTS ACTION COALITION 604-255-0546

LEGAL SERVICES

- COMMUNITY LEGAL ASSISTANCE 604-685-3425
- LAW STUDENTS LEGAL ADVICE PROGRAM. 604-822-5791
- LAWYER REFERRAL SERVICE 604-687-3221

LEGAL SERVICES (cont'd)

LEGAL AID

* LEGAL SERVICES SOCIETY OF B.C. 604-585-6595

MENTAL PATIENT ASSOCIATION - Court Services . 604-572-2405

SURREY RCMP (non-emergency) 604-599-0502

COURT INFORMATION

NATIVE COURT WORKERS

& COUNSELLING ASSOCIATION 604-588-8430

SURREY CROWN COUNSEL OFFICE 604-572-2360

SURREY FAMILY COURT 604-572-2200

SURREY FAMILY JUSTICE CENTRE 604-501-3100

SURREY PROVINCIAL COURT 604-572-2200

SURREY SMALL CLAIMS COURT 604-572-2200

SURREY SPECIALIZED VICTIMS' ASSISTANCE 604-583-1295

VICTIM LINK

Victims Information Line 1-800-563-0808

VICTIMS SERVICES

Delta 604-940-5019

Langley 604-532-3200

Surrey (R.C.M.P.) 604-599-7600

PROBATION OFFICES

DELTA/WEST FRASER

8285 - 120 St. 604-501-3292

LANGLEY

101 - 5755 Glover Rd. 604-532-3610

SURREY NORTH

103, 10475 - 138 St. 604-586-4255

SURREY SOUTH/EAST

100, 13545 - 64 Ave. 604-502-5330

FINANCIAL INFORMATION

HOUSING & SOCIAL DEVELOPMENT OFFICES

SURREY (one number for all of Surrey) 604-586-5600

Fleetwood (V3S, V49, V4B & V4P)

101-16088 - 84 Ave., Surrey, B.C. V3T 4G1

Park Place (V4C, V4E & V3W)

130, 13749 - 72 Ave., Surrey, B.C. V3W 2P2

Richmond (V4G, V4K, V4L & V4M)

100 - 5760 Minoru Blvd.

Surrey North (V3T & V3V)

100, 13650 - 102 Ave., Surrey, B.C. V3T 1N6

Whalley (V3R)

101, 10095 - Whalley Ring Blvd., Surrey, B.C. V3T 4G1

LANGLEY 604-532-3666

5753 Glover Rd., Langley, B.C. V3A 8H4

SERVICE CANADA 1-800-622-6232

1-800-O-CANADA

Surrey North (13889 - 104 Ave.) 604-590-3346

Surrey South (#103 - 15295 Highway 10)

EMPLOYMENT INSURANCE

Information Line 1-800-206-7218

SOCIAL ACTIVITIES, DROP-IN & RECREATION

SOUTH FRASER WOMEN'S SERVICES SOCIETY Laundry & shower (women)	604-536-9611
SURREY PARKS, RECREATION and CULTURE	604-501-5000
SURREY PUBLIC LIBRARY **FREE INTERNET**	
Cloverdale	604-598-7320
Fleetwood	604-598-7340
Guildford	604-598-7360
Newton	604-598-7400
Ocean Park	604-502-6304
Port Kells	604-598-7440
Semiahmoo	604-592-6900
Strawberry Hill	604-501-5836
Whalley	604-598-7420
THE FRONT ROOM (call for hours) 10667 - 135A St., Surrey	604-589-7777

OTHER SERVICES

BUS INFORMATION

BC BUS PASS PROGRAM	1-866-866-0800
TRANSLINK INFORMATION	604-953-3333
GREYHOUND LINES OF CANADA LTD. Passenger Fares & Schedule	604-482-8747
HandyDART	604-575-6600

NON EMERGENCY NUMBERS

SURREY RCMP Non Emergency Line	604-599-0502
SURREY RCMP Auxiliary Constable Program	604-507-5984
PARAMEDICS/AMBULANCE Non Emergency	604-872-5151
FIRE Non-Emergency	604-543-6700

FREQUENTLY CALLED TELEPHONE NUMBERS

NOTES:
