

# POSTING

## MENTAL HEALTH WORKER Casual On-Call (Must be available on weekends)

### Assisted Living Program

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The Assisted Living Mental Health Worker will assist mental health clients with activities of daily living in a residential setting. Worker will provide life skills instruction in a variety of areas thereby increasing the client independence. Working weekends will be required for this position.

#### KEY DUTIES AND RESPONSIBILITIES

- Assists clients in the residence and in the community to allow them to function more independently. Develops knowledge of local resources/activities Makes referrals to other programs and resources if required.
- Monitors clients' well-being. Assists clients with activities of daily living. Can assist clients with cooking, budgeting, etc. Depending on client needs and abilities, worker may prepare meals, provide medication services, and provide laundry services as well as other hospitality services. Facilitates and may engage in physical, recreational and educational activities with clients. May assist clients with attending appointments by either providing transportation when necessary, or teaching transportation routes/methods as required.
- Evaluates clients on an ongoing basis and develops plans and strategies to meet client needs. Also ensures that the clients are active participants in this process.
- Able to recognize, analyze and strategize around potential emergency situations. Reports problems to supervisor and or proper authorities.
- Provides accurate reports and log notes on clients' progress. Reports on clients' progress made towards goals and objectives as required.
- Makes recommendations with regard to the development of the program and participates in program evaluations. Assess strategy on an ongoing basis to ensure effectiveness of service.
- Collaborates with other professionals as needed. Liaises with other community services and organizations.

#### QUALIFICATIONS

##### Education, Training and Experience:

- Bachelor's Degree in related field or a related combination of education and experience (home support/residential care aide certificate/training)
- Current Level I First Aid certificate required
- FoodSafe Certificate required

## Job Skills and Abilities:

- Good organization, time and general management skills.
- Ability to work independently.
- Knowledge of mental illnesses/medications.
- Demonstrated effectiveness as part of a staff team.
- Demonstrated proficiency in written, oral and interpersonal communication skills.
- Demonstrated ability to develop program related reference and resource materials.
- Commitment to a problem solving approach.
- Ability to work independently, set priorities, manage multiple tasks and meet deadlines.
- Ability to identify sensitive issues and maintain confidentiality.
- Use of a reliable vehicle for work and a valid Driver's License.
- Crisis Line experience an asset.

\* An eligibility list will be maintained for up to 6 months.

### CLOSING DATE:

### ONGOING RECRUITMENT

### PLEASE APPLY TO:

Traci MacNamara, Assistant Program Manager  
Options Community Services Society

Email: [Traci.MacNamara@options.bc.ca](mailto:Traci.MacNamara@options.bc.ca)

**No phone calls please.**

**Please include a cover letter clearly indicating the posting number [#A21350] and outlining your qualifications and related experience for the position.**