

Sun

Mon

Tue

Wed

Thu

Fri

Sat



**02. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is FREE  
**Crescent Beach Pop-Up**  
11-5:30pm Cost: Free

**03. Cheap Movies**  
All Theatres  
When: All Day  
**Free Meals**  
Surrey Urban Mission Society  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is FREE

**04. Urban Farmers Market**  
North Surrey Rec Centre  
Time: 2:00-6:00pm

**05. Hot Lunch**  
Sources Women's Place  
Time: 12:00-1:30pm  
**Men's & Woman's Sharing Circle** (Info at back page)

**06. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is FREE  
**Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am

**07. Members Coffee**  
Central City Starbucks  
Time: 10:00-11:30am  
**Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am

**08. Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am  
**Free Meal**  
Surrey Urban Mission Society  
10776 King George Blvd  
Dinner: 4:30pm-6:00pm

**09. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is **FREE**

**10. Cheap Movies**  
All Theatres  
When: All Day  
**Free Meals**  
Surrey Urban Mission Society  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is FREE

**11. Crescent Beach Pop-Up**  
11-5:00pm Cost: Free  
12160 Beecher Place  
**Urban Farmers Market**  
North Surrey Rec Centre  
Time: 2:00-6:00pm

**12. Hot Lunch**  
Sources Women's Place  
Time: 12:00-1:30pm  
**Men's & Woman's Sharing Circle** (Info at back page)

**13. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is **FREE**  
**Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am

**14. Members Coffee**  
Central City Starbucks  
Time: 10:00-11:30am  
**Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am

**15. Members Coffee**  
Where: Central City Starbucks  
Time: 10:00-11:30am  
**Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am

**16. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is **FREE**

**17. Parenting Workshop Series**  
Cloverdale Rec Centre  
Time: 6-8:00pm  
**Free Family Swims**  
Where: Newton Rec Centre  
Time: 7:00-8:30pm

**18. Music on the Plaza**  
Surrey Civic Plaza  
Time: 6:30-8:00pm  
**Urban Farmers Market**  
North Surrey Rec Centre  
Time: 2:00-6:00pm

**19. Free Lunch**  
Surrey Urban Mission  
Time: 11:30am-1:00pm  
**Men's & Woman's Sharing Circle** (Info at back page)

**20. Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am  
**Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm

**21. Members Coffee**  
Central City Starbucks  
Time: 10:00-11:30am  
**Cloverdale Market**  
176th ST between 56A & 58th  
Avenues 10:00am-3:00pm

**22. Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am  
**Crescent Beach Pop-Up**  
11-5:00pm Cost: Free  
12160 Beecher Place

**23. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is **FREE**

**24. Cheap Movies**  
All Theatres  
When: All Day  
**Music on the Plaza**  
Surrey Civic Plaza  
Time: 6:30-8:00pm

**25. Crescent Beach Pop-Up**  
11-5:00pm Cost: Free  
12160 Beecher Place  
**Urban Farmers Market**  
North Surrey Rec Centre  
Time: 2:00-6:00pm

**26. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is **FREE**

**27. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
**Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am

**28. Members Coffee**  
Central City Starbucks  
Time: 10:00-11:30am  
**Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am

**29. Richmond Night Market**  
8351 River Rd, Richmond, BC  
7:00pm-12:00am  
**Free Meal**  
Surrey Urban Mission Society  
10776 King George Blvd  
Dinner: 4:30pm-6:00pm **FREE**

**30. Free Meals**  
Surrey Urban Mission Society  
10776 King George Blvd  
Breakfast: 8:00am-9:30am  
Lunch: 11:30am-1:00pm  
Cost is **FREE**



# LEISURE & FUN ACTIVITIES IN YOUR COMMUNITY

## DROP IN PROGRAMS

### FREE FAMILY SWIMS

held at different pools on different days:

- **NORTH SURREY INDOOR POOL:** 10275 City Pkwy. Last Saturday of each month from 2-5pm
- **SURREY SPORTS & LEISURE POOL:** 16555 Fraser Hwy. #100, 3<sup>rd</sup> Sunday of each month from 3-5pm
- **SOUTH SURREY INDOOR POOL:** 14655 - 17 Ave, 1<sup>st</sup> Saturday of each month, 1-4pm.

**Members Coffee @ Central City:** 10153 King George Blvd. Meet at Starbucks near the food court. 10-11:30am on Sat and Sun. Enjoy the company of peers while sipping your own tea or coffee. Price is just the cost of your beverage.

**Weekly Painting Group @ South Surrey Recreation & Art Centre:** 14601 - 20 Ave, meets every Thursday from 6-9pm. Everyone does their own thing, no lessons, just fun, friendship and helpful hints. \$10 per month. For more details contact Anne Wiese: aewiese@hotmail.com; or 604.536.8160.

## GENERAL ACTIVITIES

- **Tuesday Cheap Movie Nights:** Any movie theatres in the lower mainland. Discounted price of \$6-7 in most theatres. Cheapest tickets in Surrey at Hollywood 3.
- **Surrey Urban Farmers Market:** Come by with the family for a snack at our food trucks, or drop by for some groceries after work! City Hall Plaza • 13450 - 104 Ave (June-October)
- **Cloverdale Market:** Located at the Cloverdale Fairgrounds off of 176<sup>th</sup> St. (Hwy 15) & 62<sup>nd</sup> Ave. Contact: 604.837.1676
- **Free Counselling To Low Income Families:** Moving Forward Family Services in Newton (by appointment, not a drop-in) 778.321.3054

## ADULTS & SENIORS

- **Men's & Women's Sharing Circle @ Fraser Region Aboriginal Friendship Centre:** 6878 King George Blvd. You are encouraged to talk about what you believe is important. Using the Seven Sacred Teachings, we will find and share solutions, ideas about life's challenges and accomplishments. Women's Circle @ Fraser Region Aboriginal Friendship Centre, Thursdays 2-4pm; Men's Circle Fridays 2-4pm.
- **Circle for Elders @ Fraser Region Aboriginal Friendship Centre:** 6878 King George Boulevard held on Wednesdays and Fridays 1-3pm. An opportunity for elders to connect with one another, hold fundraisers, and gain access to different resources.
- **Free English Classes for New Immigrants** 9801 King George Blvd Suite #111 & #350 Surrey, BC 604.582.7479 **FREE\***

## COMMUNITY FREE MEALS



- **Gracepoint Community Church:** 3487 King George Blvd, Sundays 5:00pm
- **Pacific Community Church:** 5337 - 180 St, Mon 6:30pm
- **Sources Women's Place Resource Centre:** 15318 - 20 Ave, Offers lunch, Tues-Fri, 12:00-1:30pm, for women and their children
- **First United Church:** 15385 Semiahmoo Ave, White Rock Dinner: 4:30pm
- **Surrey Urban Mission Society:** 10776 King George Blvd, Breakfasts: Mon-Fri, 8:00-9:30am Lunches: Weekdays, 11:30-1:00pm Dinners: Sundays, 4:30-6:00pm

SEPT 2019  
on-going events...

