# DECEMBER, 2019



# **About YOUNG ADULTS Program**

- Delta Clubhouse YA Program offers a variety of social, educational, recreation and leisure activities for young adults ages 19-29. (Clubhouse members only.)
- To promote and enhance quality of life.
- To enhance or maintain physical abilities.
- To provide opportunity for socialization.
- Supports individuals in their recovery and promote independence.
- ♦ To provide opportunity to learn new skills, adapt old skills, and enjoy new community experiences.
- Mostly based in the community & outside regular clubhouse hours.

#### **ADDRESS**

North: 13582 68 Ave. Surrey B.C

Call or Text!

Jalisa: 604.812.3940 Lakshmi: 604.319.3526









# Delta Clubhouse

Monthly Calendar Mon Tue Wed Thur Fri

# **REMINDERS**



04 sоитн Coffee and Leisure Planning @ Petra's Café



- Be advised that this is a tentative Schedule! Time, date and event may change on short notice.
- See flyers & calendars @ The Clubhouse for more info or contact Jalisa or Lakshmi

## **17** NORTH

### **Movie Dav**

Meet @ Cineplex Strawberry Hill

Cost: \$5.00 3:00pm - 5:00pm

### 11 NORTH

1:00 - 3:00pm

### **Christmas Craft & Bake Fair**

@ The Roost

11:00am - 2:00pm and a

#### Y.A. CHRISTMAS PARTY!

@ The Roost 3:30 - 5:30 pm

25 CLOSED



