

**We're Hiring!**

**Posting:  
A21786**

**Mental Health Worker**  
Part-Time (16 hours per week)  
(Sun - Wed, 5 pm - 9 pm)

**Assisted Living Program -  
Nichol Place**

### Options Community Services Society

We are a non-profit registered charity providing social services primarily in Surrey, Delta, White Rock and Langley. We believe in helping people help themselves. We believe in collaborating with individuals, businesses, community groups and government to create focused, effective and responsive resources for the community.

We envision a healthy community as a safe and clean environment where we all have a sense of belonging. It is a place where each of us has the opportunity to work and learn, and to develop and realize goals that are meaningful and fulfilling.

Nichol Place is a brand new 48 room Assisted Living Residence focused on supporting individuals living with mental health and substance use diagnosis. Residents are focused on increasing their independence as they transition in to community and full independence.

The Mental Health Worker will be responsible for assisting mental health clients with various levels of medication administration, providing support and assistance with psychosocial activities & providing assistance with activities of daily living. Our Assisted Living Program will focus on providing Psychosocial Rehabilitation to clients with emphasis on promoting recovery, successful community integration and satisfactory quality of life.

### KEY DUTIES AND RESPONSIBILITIES

- Assists clients in the residence and in the community to encourage them to function more independently. Develops knowledge of local resources/activities. Makes referrals to other programs and resources if required.
- Works in collaboration with the Mental Health Clinical Team which includes Case Manager, Psychiatrist, Pharmacist and other health care professionals.
- Distribute and administer medications safely in accordance with medication policies and procedures.
- Participate in care/recovery planning with clients and/mental health clinical team.
- Provides community based Psychosocial rehabilitation services by identifying and supporting clients in accessing and developing links into community programs and services.
- Assists clients to identify and gain access to formal and informal community supports such as leisure, vocational, educational services through active community integration, providing community services resources.
- Fostering a team approach to ensure the client has access to the tools and resources to achieve their goals as outlined in their recovery care plan.
- Monitors clients' well-being. Assists clients with activities of daily living such as, but not limited to, appointments reminders, assist to facilitate public transportation, medication management, attending medical appointments, providing reminders for personal hygiene & grooming. Depending on clients' needs and abilities, worker may assist with laundry services, including housekeeping/tiding suite, along

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with other hospitality services Facilitate and engage in physical, recreational, and educational activities with clients. May assist clients with attending appointments by either providing transportation when necessary or teaching transportation routes/methods as required.

- Evaluates clients on an ongoing basis and develops plans and strategies to meet client's needs. Also ensures that the client actively participates and engages in the program expectations and recovery plan.
- Observes and records the physical and mental health status of clients and take necessary action.
- Respond to emergency incidents and call appropriate authorities (ex. 911)
- Advocates for and with the clients to encourage them to maintain their rights and dignity.
- Makes recommendations regarding the development of the program and participates in program evaluations.
- Collaborates with team members and other professionals as needed.
- Liaises with other community services, programs, and organizations.
- Establish and maintain a positive working relationship with other staff, volunteers, and clients.
- Maintain professional growth and keep up to date on trends related to the responsibilities of the position.
- Facilitates and may engage in physical, recreational, and educational activities with client.
- Able to recognize, analyze and strategize around potential emergency situations. Reports problems to supervisor and or proper authorities.
- Provides accurate reports and log notes on clients' progress. Reports on clients' progress made towards goals and objectives as required.
- Reports and addresses health and safety issues/concerns as they arise.

## QUALIFICATIONS

### Education, Training, and Experience

#### The candidate must have:

- Bachelor's Degree in related field or a related combination of education and experience (Mental Health Worker/Residential Care Aide certificate/training).
- Current Level I First Aid certificate required.
- FoodSafe Certificate.
- Unrestricted Class 5 Drivers License.
- Access to a reliable vehicle for business use.

#### Assets include:

- Medication Administration Certificate.
- Lived experience relevant to the service setting.

#### Knowledge Skills and Abilities:

- Good organization, time, and general management skills.
- Ability to work independently and as part of a team.
- Firm understanding of harm reduction approach and its implementation in a community-based setting.
- Demonstrated ability in crisis de-escalation skills applied in a team setting.
- Demonstrated ability working with individuals living with substance misuse issues and or an untreated mental illness.

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- Understanding of a trauma informed approach.
- Knowledge of psychosocial rehabilitation practices.
- Knowledge of program policy and procedures.
- Knowledge and proficiency in relevant software.
- Ability to work with clients living with mental illness.
- Ability to work effectively independently and in cooperation with others.
- Ability to communicate effectively, both verbally and in writing.
- Physical ability to carry out the duties of the position.
- Ability to observe and recognize changes in clients.
- Demonstrated ability to facilitate groups.

***Successful candidates will be required to provide a current and satisfactory Criminal Reference Check/Vulnerable Sector Search preceding your start date.***

***Applicants with lived experience are strongly encouraged to apply.***

**CLOSING DATE:** Resumes will be reviewed starting April 14, 2021 but the posting will remain open until filled and will close without notice.

**PLEASE APPLY TO:** Preetika Royal, Program Manager  
Options Community Services Society

Email: [preetika.royal@options.bc.ca](mailto:preetika.royal@options.bc.ca)

Please include a cover letter indicating the posting number [#21786] and detailed resume outlining your qualifications and related experience for the position.

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