

This image shows a full page of blank, lined paper. It features approximately 30 evenly spaced horizontal grey lines running across the width of the page, providing a guide for handwriting or typing. The margins are consistent on all sides.

The logo for Options Community Services features a stylized graphic of four human figures in a 2x2 grid, colored red, grey, yellow, and teal. Below the graphic, the word "options" is written in a large, lowercase, sans-serif font, and "COMMUNITY SERVICES" is written in a smaller, uppercase, sans-serif font underneath.

NEWTON OFFICE
13520 - 78 Ave., Surrey, B.C. V3W 8J6
T: 604.596.4321, F: 604.572.7413
www.options.bc.ca

Charitable Registration # 811786227 RR0001

AMBULANCE, FIRE, POLICE.....	911
COMMUNITY SERVICE INFORMATION.....	211
BILL REID SHELTER	604.574.4341
DURRANT HOUSE - Crisis Line	604.531.4430
EVERGREEN TRANSITION HOUSE.....	604.584.3301
HELP LINE FOR CHILDREN.....	604.310.1234
BC MENTAL HEALTH INFORMATION LINE	604.669.7600/1.800.661.2121
MINISTRY OF SOCIAL DEVELOPMENT Emergency Services (after hours)	604.660.3194
PARENTS SUPPORT SERVICES	604.669.1616
POISON CONTROL CENTRE (24 Hrs per day/7 Days per week)	604.682.5050/1.800.567.8911
PROBLEM GAMBLING HELP LINE.....	1.888.795.6111
FRASER HEALTH CRISIS LINE.....	604.951.8855
VANCOUVER RAPE RELIEF & SHELTER	604.872.8212
HYLAND HOUSE SHELTER (Men & Women)	604.599.8900
VIRGINIA SAM TRANSITION HOUSE.....	604.572.5116
YOUTH AGAINST VIOLENCE	1.800.680.4264
GATEWAY SHELTER	604.589.7777

ALCOHOL & DRUG INFO and REFERRAL LINE.....	604.660.9382
HEALTHLINK BC.....	811
MAXXINE WRIGHT COMMUNITY HEALTH CENTRE (Women & Children)	604.587.3835
SURREY NORTH COMMUNITY HEALTH CENTRE (Doctor: 1-4pm, Nurse: 1-4pm) 10697 - 135A St., Surrey.....	604.583.5666
HEALTHIEST BABIES POSSIBLE #100 - 6846 King George Blvd., Surrey	604.583.1017

JIM PATTISON OUT PATIENT CARE & SURGERY CENTRE 9750 - 140 St., Surrey	604.582.4550
LANGLEY MEMORIAL HOSPITAL 22051 Fraser Highway	604.534.4121
PEACE ARCH DISTRICT HOSPITAL 15521 Russell Ave, White Rock.....	604.531.5512
SURREY MEMORIAL HOSPITAL 13750 - 96 Ave. Surrey	604.581.2211

CLOVERDALE	604.575.5100
DELTA.....	604.507.5400
GUILDFORD	604.587.4750
NEWTON	604.592.2000
NORTH SURREY	604.587.7900
SOUTH SURREY/WHITE ROCK	604.542.4000

START	
9634 King George Blvd., Surrey	604.585.5561
CHILD & YOUTH	
MENTAL HEALTH	604.951.5844 / 604.586.2685
DELTA MENTAL HEALTH CENTRE.....	604.948.7010
LANGLEY MENTAL HEALTH CENTRE	604.514.7940

SOURCES WOMEN'S PLACE	
Laundry & Shower (women).....	604.536.9611
SURREY PARKS, RECREATION and CULTURE	604.501.5100
SURREY PUBLIC LIBRARY **FREE INTERNET**	
Cloverdale (5642 - 176A St.)	604.598.7320
Fleetwood (15996 - 84 Ave.)	604.598.7340
Guildford (15105 - 105 Ave.)	604.598.7360
Newton (13795 - 70 Ave.).....	604.598.7400
Ocean Park (12854 - 17 Ave.)	604.502.6304
Port Kells (18885 - 88 Ave.).....	604.598.7440
Semiahmoo (1815 - 152 St.).....	604.592.6900
Strawberry Hill (7399 - 122 St.).....	604.501.5836
Whalley City Centre (10350 University Dr.).....	604.598.7420
GATEWAY SHELTER (call for hours)	
10667 - 135A St., Surrey	604.589.7777

BC BUS PASS PROGRAM.....	1.866.866.0800
TRANSLINK INFORMATION	604.953.3333
HandyDART	604.575.6600

CLOVERDALE	
#202, 17700 - 56 Ave., Surrey	778.547.5020
GUILDFORD	
#202, 10334 - 152A Street, Surrey	604.580.9740
NEWTON	
#110 - 7525 King George Blvd., Surrey.	778.728.0175
SOUTH SURREY	
#208 - 1461 Johnston Rd., White Rock.....	604.542.7590
WHALLEY	
#160 - 10362 King George Blvd., Surrey	604.584.0003

SURREY RCMP Non-Emergency Line.....	604.599.0502
SURREY RCMP Auxiliary Constable Program	604.507.5984
PARAMEDICS/AMBULANCE Non-Emergency	604.872.5151
FIRE Non-Emergency	604.543.6700

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LANDLORD / TENANT PROBLEMS

RESIDENTIAL TENANCY OFFICE Burnaby	604.660.1020
TENANT RESOURCE AND ADVISORY IINFO LINE	604.255.0546

LEGAL SERVICES

COMMUNITY LEGAL ASSISTANCE SOCIETY	604.685.3425
LAW STUDENTS LEGAL ADVICE PROGRAM.....	604.822.5791
ACCESS PROBONO REFERRAL SERVICE	604.687.3221
LEGAL SERVICES SOCIETY *LEGAL AID BC	604.408.2172
SURREY RCMP (non-emergency).....	604.599.0502

COURT INFORMATION

NATIVE COURT WORKERS & COUNSELLING ASSOCIATION	604.660.1101
SURREY CROWN COUNSEL OFFICE.....	604.501.8700
SURREY FAMILY COURT.....	604.572.2200
SURREY FAMILY JUSTICE CENTRE	604.501.3100
SURREY PROVINCIAL COURT	604.572.2200
SURREY SMALL CLAIMS COURT	604.572.2200
VICTIM LINK BC BC Hate Crime Victim Info Line	1.800.563.0808
VICTIMS SERVICES Delta	604.940.5019
Langley (R.C.M.P.).....	604.532.3214
Surrey (R.C.M.P.).....	604.599.7600

PROBATION OFFICES

DELTA/WEST SURREY 8285 - 120 St.....	604.501.3292
LANGLEY 101 - 5755 Glover Rd.	604.532.3610
SURREY EAST 110 - 15955 Fraser Hwy.	604.501.3115
SURREY NORTH 103, 10475 - 138 St.	604.586.4255
SURREY SOUTH/EAST 102, 14245 - 56 Ave.	604.502.5330

FINANCIAL INFORMATION

MINISTRY OF SOCIAL DEVELOPMENT AND POVERTY REDUCTION

One number for all offices	1.866.866.0800
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Fleetwood 101, 16088 - 84 Ave., Surrey	
Park Place 130, 13749 - 72 Ave., Surrey	
Richmond 220 - 7577 Elbridge Way, Richmond	
Surrey North 100, 13650 - 102 Ave., Surrey	
Langley 5753 Glover Rd., Langley, B.C. V3A 8H4	

SERVICE CANADA	1.800.622.6232 / 1.800.O.CANADA
Surrey North (13889 - 104 Ave.) Surrey South (#103 - 15295 Highway 10)	

SERVICE CANADA TELEPHONE SERVICE

Information Line	1.800.206.7218
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SURREY CENTRAL/NORTH MENTAL HEALTH CENTRE

Gateway Station Tower, 11 th Floor 13410 - 108 Ave., Surrey.....	604.953.4900
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WHITE ROCK/SOUTH SURREY MENTAL HEALTH CENTRE

15521 Russell Ave., Russell Annex Peace Arch Hospital, White Rock.....	604.541.6844
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LOW COST DENTAL SERVICES

B.C. HEALTHY KIDS PROGRAM	1.866.866.0800 #4
COLLEGE OF DENTAL SURGEONS Information Line	604.736.3621
DENTAL OUTPATIENT CLINIC Vancouver General Hospital 805 W. 12 Ave., Vancouver	604.875.4006
DENTURE CLINIC Academy of Dentistry Burnaby	604.434.2611
LOOKOUT DENTAL CLINIC 10697 - 135A St., Surrey	604.545.4012
REACH COMMUNITY HEALTH CENTRE 1145 Commercial Drive, Vancouver	604.251.3000
UBC DENTAL CLINIC	604.822.2112

OTHER HEALTH SERVICES

STI/Aids Testing & Counselling Clinic	604.587.7900
N. Surrey Public Health 220 - 10362 King George Blvd.	
HEALTH INSURANCE B.C. Medical Service Plan/Pharmacare	604.683.7151
SURREY ASSOCIATION FOR COMMUNITY LIVING 17687 - 56A Ave., Surrey	604.574.7481
SAFEPOINT #2, 10681 - 135A St., Surrey	604.587.7898
SMH YOUTH CLINIC 9634 King George Blvd., Surrey	604.585.5999
OPTIONS FOR SEXUAL HEALTH.....	604.731.4252
THE CARE CENTRE (Nightshift) 10635 King George Blvd., Surrey	604.953.1154

CLOTHING, FURNITURE, HOUSEHOLD GOODS

CHEAP CLOTHING, FURNITURE, HOUSEHOLD GOODS

SUPERFLUITY THRIFT SHOP 15163 Prospect Ave., White Rock	604.536.7744
MCC THRIFT STORE 10653 King George Blvd., Surrey	604.583.0465
OAK AVENUE MISSION - THE CLOTHES CLOSET (Tues. 10am - 2pm, Wed. 9:30am - 12:30pm, Thurs. 2 - 4pm)	
OAK AVENUE UNITED CHURCH 12740 - 102 Ave., Surrey.....	604.582.7088 Ext. 3
SALVATION ARMY THRIFT SHOP 1335 Johnston Road, White Rock	604.531.6494
7155 - 138 St., Surrey	778.590.0177
SISTERS MARKETPLACE NIGHTSHIFT 10635 King George Blvd., Surrey	604.953.1155
SOURCES WOMEN'S PLACE (Clothing Exchange, women & children)	604.536.9611
THE COMMUNITY THRIFT STORE 7138 King George Blvd., Surrey	604.599.9930
VALUE VILLAGE 6925 King George Blvd., Surrey	604.635.1341

COUNSELLING, SUPPORT, INFORMATION

GENERAL INFORMATION

BC SENIORS ADVOCATE.....	1.877.952.3181
SETTLEMENT SERVICES (Settlement Services in: Chinese, Spanish, Arabic, and Somali) 13520 - 78 Ave., Surrey.....	604.572.4060
NIGHTSHIFT CARE CENTRE 10635 King George Blvd., Surrey.	604.953.1114
SEXUAL ABUSE COUNSELLING CENTRE (age 3 - 18)	604.584.5811
SURREY HOSPICE SOCIETY	604.584.7006
SURREY WOMEN'S CENTRE.....	604.583.1295
CREDIT COUNSELLING	1.888.527.8999
SOURCES WOMEN'S PLACE.....	604.536.9611
SUICIDE PREVENTION, EDUCATION AND COUNSELLING (up to 18 years).....	604.584.5811
PREGNANCY OPTIONS #5, 13634 - 104 Ave., Surrey.....	604.584.4490

ADVOCACY

CHILD, YOUTH OFFICER OF B.C.....	1.800.476.3933
MENTAL HEALTH CONSUMER ADVOCACY.....	604.596.1880
OMBUDSPERSON OF B.C.....	1.800.567.3247
SOURCES NEWTON RESOURCE CENTRE (NAGS)	604.596.2311
SOURCES WOMEN'S PLACE.....	604.536.9611

ALCOHOL / DRUG PROGRAMS

ALCOHOL & DRUG INFO AND REFERRAL.....	604.660.9382
ALCOHOLICS ANONYMOUS (A.A. - 24 HR)	604.434.3933
AL.ANON/AL.ATEEN.....	604.688.1716
ASTRA PROGRAM (Teens).....	604.592.6200
COCAINE ANONYMOUS (CA)	Pager 604.662.8500
CREEKSIDE	1.888.587.3755
13740 - 94A Ave., Surrey	
Detox	604.587.3755
Daytox.....	604.585.5610
EASY DOES IT RECOVERY CLUB	778.564.7577
NARCOTICS ANONYMOUS (NA - 24HR).....	604.873.1018

FAMILY SERVICES

DELTASSIST FAMILY COMMUNITY SERVICES 9097 - 120 St., Delta.....	604.594.3455
LANGLEY COMMUNITY SERVICES SOCIETY 5339 - 207 St., Langley	604.534.7921
OPTIONS COMMUNITY SERVICES SOCIETY ADMIN: 9815 - 140 St., Surrey	604.584.5811
NEWTON OFFICE: 13520 - 78 Ave., Surrey.....	604.596.4321
SOURCES 882 Maple St., White Rock	604.531.6226
SALVATION ARMY SURREY COMMUNITY CHURCH 13474 - 96 Ave., Surrey.....	604.496.5172
DIVERSEcity COMMUNITY RESOURCES SOCIETY 13455 - 76 Ave., Surrey.....	604.597.0205
LOOKOUT EMERGENCY AID SOCIETY 10667 - 135A St., Surrey	604.589.8678
PACIFIC COMMUNITY RESOURCE SOCIETY	604.951.4821

FIRST NATIONS SERVICES

CWENENGITEL ABORIGINAL SOCIETY 13632 - 110A Ave., Surrey	604.588.5561
FRASER REGION ABORIGINAL FRIENDSHIP CENTRE A101, 10095 Whalley Blvd., Surrey.....	604.595.1170
METIS FAMILY SERVICES #312, 7485 - 130 Street, Surrey	604.584.6621
NATIVE COUNSELLING ASSOCIATION OF B.C.	604.660.1101

FOOD SERVICES

DJAEF MAHLER GROCERY (Wed. 12-3 except cheque day) 10697 - 135A St., Surrey	604.588.9004
SOURCES FOOD BANK (White Rock/South Surrey)	604.531.8168
SURREY FOOD BANK 13478 - 78 Ave., Surrey.....	604.581.5443
Cloverdale (Hillside Church) - Alternating Tuesdays 10-12 5950 - 179 Street, Surrey	
Guildford (Cedar Grove Baptist) - Alternating Wednesdays 10-12 10330 - 144 Street, Surrey	
North Delta (Evangelical Free Church) - Alternating Tuesdays 10-12 11300 - 84 Ave., Delta	

FREE MEALS

CLOVERDALE COMMUNITY KITCHEN PACIFIC COMMUNITY CHURCH (Mon., Wed., Fri. at 5:30pm - takeout) Foodbank Mon. 5pm, Thurs 10am 5337 - 180 St., Surrey	604.574.4001
GATEWAY OF HOPE (takeout lunch everyday 12:30 - 1pm) 5787 Langley ByPass, Langley.....	604.514.7375
GRACEPOINT COMMUNITY CHURCH (Wed. 12:30 - 1pm takeout) 3487 King George Blvd.	604.538.1825
JOHNSTON HEIGHTS CHURCH COMMUNITY MEALS (takeout lunch and food hamper twice a month between 1 and 2:30pm) 9612 - 152 Street, Surrey	604.589.3733
NIGHTSHIFT STREET MINISTRIES SOCIETY 10635 King George Blvd., Surrey (every night 7-8pm)	604.953.1114
5708 Glover Rd., Langley (Monday and Thursday 7-8pm) Website.....	nightshiftministries.org
THE SURREY URBAN MISSION 10776 King George Blvd., Surrey	604.581.5172
Breakfast everyday 8:30-9:30am, Lunch Mon.- Fri. 11:30-12:30pm, Sunday dinner is at 5pm Clothing and pet food Mon. Wed. Fri. 11:30-1pm	
SIKH GURDWARAS Local Gurdwaras (temples) offer free meals and everyone is welcome.	
UNION GOSPEL MISSION 658 Clarkson St., New Westminster Breakfast 8:30am - 9:30am, Soup 11:15 - 12.....	604.525.8989
The Corner Stone 601 E. Hastings, Vancouver	604.253.3323
Mon - Fri: 6:30am - 9pm; Sat./Sun.: 1 - 9pm	

HOUSING SERVICES

GENERAL

B.C. HOUSING MANAGEMENT COMMISSION.....	604.525.3033
COMMUNITY HOUSING SERVICES By Appointment only 13520 - 78 Ave., Surrey.....	604.590.7368 (RENT)
KEKINOW NATIVE HOUSING SOCIETY #1014, 7445 - 132 St., Surrey.....	604.591.5299
SENIORS SERVICES SOCIETY.....	604.520.6621/ 1.866.355.7042

EMERGENCY HOUSING

AFTER HOURS EMERGENCY SERVICES	604.660.3194
BILL REID SHELTER.....	604.574.4341
GATEWAY SHELTER.....	604.589.7777
HYLAND HOUSE SHELTER	604.599.8900