

**We're Hiring!**

**Posting:  
A21890**

**Mental Health Worker  
Part-Time  
(11 hours per week,  
Saturdays and Sundays, 8am-1:30pm)**

**Assisted Living  
Program - Blair House**

#### Options Community Services Society

We are a non-profit registered charity providing social services primarily in Surrey, Delta, White Rock and Langley. We believe in helping people help themselves. We believe in collaborating with individuals, businesses, community groups and government to create focused, effective and responsive resources for the community.

We envision a healthy community as a safe and clean environment where we all have a sense of belonging. It is a place where each of us has the opportunity to work and learn, and to develop and realize goals that are meaningful and fulfilling.

Blair House Assisted Living is a semi-independent model of housing that provides residential care and rehabilitation to young adults with mental health challenges in a stable and supportive living environment. Blair House Assisted Living program provides a range of assisted living services - Mediation Administration and Support, and Psychosocial Rehabilitation Programming to young adults ages 19-30 years old. The program helps individuals develop and/or maintain their social and life skills, and to work towards the highest level of independence possible. Blair House is located in the Newton area of Surrey.

The Mental Health Worker will be responsible for assisting mental health clients with various levels of medication administration, providing support and assistance with psychosocial activities & providing assistance with activities of daily living. Our Assisted Living Program will focus on providing Psychosocial Rehabilitation to clients with emphasis on promoting recovery, successful community integration and satisfactory quality of life.

#### HIGHLIGHTS OF KEY RESPONSIBILITIES

- Monitors client's well-being. Assists clients with activities of daily living such as, but not limited to, appointments reminders, assist to facilitate public transportation, medication management, attending medical appointments, providing reminders for personal hygiene & grooming. Depending on clients' needs and abilities, the worker may provide assistance with laundry services, including housekeeping/tiding suite, along with other hospitality services Facilitate and engage in physical, recreational and educational activities with clients.
- May assist clients with attending appointments by either providing transportation when necessary, or teaching transportation routes/methods as required.
- Assists clients in the residence and in the community to encourage them to function more independently. Develops knowledge of local resources/activities. Makes referrals to other programs and resources if required.
- Provides community-based Psycho social rehabilitation services by identifying and supporting clients in accessing and developing links into community programs and services.
- Works in collaboration with the Mental Health Clinical Team which includes Case Manager, Psychiatrist, Pharmacist and other health care professionals.
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#### QUALIFICATIONS

##### Education, Training, and Experience

- Bachelor's Degree in related field or a related combination of education and experience (Mental Health Worker/Residential Care Aide certificate/training).

**NOTE: Applicants not selected for an interview will not necessarily be notified.**

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- Current Level I First Aid certificate required.
- FoodSafe Certificate required.
- Unrestricted Class 5 Drivers License is an asset.
- Access to a reliable vehicle for business use is an asset.
- Medication Administration Certificate (asset).

**Knowledge Skills and Abilities:**

- Good organization, time and general management skills.
- Ability to work independently and as part of a team
- Firm understanding of harm reduction approach and its implementation in a community-based setting.
- Demonstrated ability in crisis de-escalation skills applied in a team setting
- Demonstrated ability working with individuals living with substance misuse issues and or an untreated mental illness.
- Understanding of a trauma informed approach
- Knowledge of psychosocial rehabilitation practices
- Knowledge of program policy and procedures
- Knowledge and proficiency in relevant software
- Ability to work with clients living with mental illness.
- Ability to work effectively independently and in cooperation with others.
- Ability to communicate effectively, both verbally and in writing.
- Physical ability to carry out the duties of the position.
- Ability to observe and recognize changes in clients.
- Demonstrated ability to facilitate groups.

***Successful candidates will be required to provide a current and satisfactory Criminal Reference Check/Vulnerable Sector Search preceding your start date.***

***Applicants with lived experience are strongly encouraged to apply.***

**CLOSING DATE:** Resumes will be reviewed starting August 23, 2021 but the posting will remain open until filled and will close without notice.

**PLEASE APPLY TO:** Paula Church, Senior Program Manager  
Options Community Services Society

Email: [Paula.Church@options.bc.ca](mailto:Paula.Church@options.bc.ca)

Please include a cover letter indicating the posting number [#21890] and detailed resume outlining your qualifications and related experience for the position.

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