

Caring Dads Group in Punjabi



A specialized group counselling to fathers who have used abusive behaviors with their families in the past and who now want to improve their relationships. Throughout 17 weekly group sessions, fathers can:



- gain awareness of the impact of relationship violence on children
- know their children's appropriate development stages
- rebuild healthier relationships with their children and children's mother
- learn about problem solving in difficult situations & managing frustration and anger



**COVID-19 WorkSafe BC
Guidelines will be implemented
in the group**

Beginning

Sundays

Nov.14, 2021 - March 20, 2022
5 - 6:30 p.m. or 6:30 - 8 p.m.

Locations

On-line Via Zoom

**For more information
and to register:**

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