

Caring Dads Group in English



A specialized group counselling to fathers who have used abusive behaviors with their families in the past and who now want to improve their relationships. Throughout 17 weekly group sessions, fathers can:



- gain awareness of the impact of relationship violence on children
- know their children's appropriate development stages
- rebuild healthier relationships with their children and children's mother
- learn about problem solving in difficult situations & managing frustration and anger



**COVID-19 WorkSafe BC
Guidelines will be implemented
in the group**

Beginning

Every Tuesday
July 26, 2022 - Nov. 15, 2022
6 - 8:00 p.m.

Location

On-line via Zoom

For more information and to register:

Program Manager, Harpal Johl
@ harpal.johl@options.bc.ca
604.809.5742