

**We're Hiring!**



## **MENTAL HEALTH WORKER**

<b>Posting Requisition</b>	22218	<b>Program</b>	<i>Housing and Mental Health</i>
<b>Job Type</b>	<i>Permanent, Part-time</i>	<b>Location</b>	<i>White Rock, BC</i>
<b>Hours of work</b>	<i>16 hours per week</i> <i>(Sat &amp; Sun, 11 pm- 7 am)</i>	<b>Closing Date</b>	<i>Open Until Filled</i>

Options Community Services is a non-profit registered charity providing social services primarily in Surrey, Delta, White Rock and Langley. We believe in helping people help themselves. We believe in collaborating with individuals, businesses, community groups and government to create focused, effective and responsive resources for the community.

The Housing and Mental health program provides residential care and rehabilitation to individuals with mental health challenges in a stable and supportive living environment. The programs provide a range of assisted living services, including mediation administration and support, and PSR programming. The program helps individuals develop and/or maintain their social and life skills, and work towards the highest level of independence possible.

The Mental Health Worker will be responsible for assisting mental health clients with various levels of medication administration, providing support and assistance with psychosocial activities & providing assistance with activities of daily living. Our Assisted Living Program will focus on providing Psychosocial Rehabilitation to clients with emphasis on promoting recovery, successful community integration and satisfactory quality of life.

### **ACCOUNTABILITIES**

- Assists clients in the residence and in the community to encourage them to function more independently. Develops knowledge of local resources/activities. Makes referrals to other programs and resources if required.
- Works in collaboration with the Mental Health Clinical Team which includes Case Manager, Psychiatrist, Pharmacist and other health care professionals.
- Distribute and administer medications safely in accordance with medication policies and procedures.
- Participate in care/recovery planning with clients and/mental health clinical team.
- Provides community based Psychosocial rehabilitation services by identifying and supporting clients in accessing and developing links into community programs and services.
- Assists clients to identify and gain access to formal and informal community supports such as leisure, vocational, educational services through active community integration, providing community services resources.
- Fostering a team approach to ensure the client has access to the tools and resources to achieve their goals as outlined in their recovery care plan.
- Monitors clients' well-being. Assists clients with activities of daily living such as, but not limited to, appointments reminders, assist to facilitate public transportation, medication management, attending medical appointments, providing reminders for personal hygiene & grooming. Depending on clients' needs and abilities, worker may assist with laundry services, including housekeeping/tiding suite, along with other hospitality services Facilitate and engage in physical, recreational, and educational activities with clients. May assist clients with attending appointments by either providing transportation when necessary or teaching transportation routes/methods as required.
- Evaluates clients on an ongoing basis and develops plans and strategies to meet client's needs. Also ensures that the client actively participates and engages in the program expectations and recovery plan.
- Observes and records the physical and mental health status of clients and take necessary action.

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- Respond to emergency incidents and call appropriate authorities (ex. 911)
- Advocates for and with the clients to encourage them to maintain their rights and dignity.
- Makes recommendations regarding the development of the program and participates in program evaluations.
- Collaborates with team members and other professionals as needed.
- Liaises with other community services, programs, and organizations.
- Establish and maintain a positive working relationship with other staff, volunteers, and clients.
- Maintain professional growth and keep up to date on trends related to the responsibilities of the position.
- Facilitates and may engage in physical, recreational, and educational activities with client.
- Able to recognize, analyze and strategize around potential emergency situations. Reports problems to supervisor and or proper authorities.
- Provides accurate reports and log notes on clients' progress. Reports on clients' progress made towards goals and objectives as required.
- Reports and addresses health and safety issues/concerns as they arise.

## QUALIFICATIONS

### Education, Training, and Experience:

- Bachelor's Degree in social services or a related field or a related combination of education and experience (Mental Health Worker/Residential Care Aide certificate/training)
- Current Level I First Aid certificate required.
- Food Safe Certificate required.
- Medication Administration Certificate (asset).
- Unrestricted Class 5 Drivers License.
- Access to a reliable vehicle for business use.
- Lived experience relevant to the service setting is considered an asset.

### Skills and Abilities:

- Good organization, time, and general management skills.
- Ability to work independently and as part of a team.
- Firm understanding of harm reduction approach and its implementation in a community-based setting.
- Demonstrated ability in crisis de-escalation skills applied in a team setting.
- Demonstrated ability working with individuals living with substance misuse issues and or an untreated mental illness.
- Understanding of a trauma informed approach
- Knowledge of psychosocial rehabilitation practices
- Knowledge of program policy and procedures
- Knowledge and proficiency in relevant software
- Ability to work with clients living with mental illness.
- Ability to work effectively independently and in cooperation with others.
- Ability to communicate effectively, both verbally and in writing.
- Physical ability to carry out the duties of the position.
- Ability to observe and recognize changes in clients.
- Demonstrated ability to facilitate groups.

## SPECIAL REQUIREMENTS

- Successful candidates will be required to provide a current and satisfactory Criminal Reference Check / Vulnerable Sector search preceding their start date.
- Applicants may be required to provide proof of Covid -19 vaccination.

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- Applicants with lived experience are strongly encouraged to apply.

*\*An eligibility list may be maintained for up to six months. Eligible applicants may be offered a casual position.*

**PLEASE APPLY TO:** Preya Mattu, Program Manager, Maple House Assisted Living  
Options Community Services Society  
Email: [preya.mattu@options.bc.ca](mailto:preya.mattu@options.bc.ca)

**Please include a cover letter clearly indicating the posting number [posting #22218] and outlining your qualifications and related experience for the position.**