



# Christmas Hamper Gift Ideas

## Gift Suggestions:

Gift certificates, personal care items, gloves, slippers, socks, pajamas

Age appropriate puzzles, blocks, toys, educational toys, board games, crafts, and children's CD's/DVD's



**Please Note:** No used items to be included in Hampers

## Food Suggestions:

Pasta, rice, canned/packaged soups, crackers, canned fruit, mayonnaise, peanut butter, margarine/butter, cereal, coffee, tea, canned tuna/salmon, Kraft Dinner, cheese whiz, pancake mix, syrup, potatoes, spaghetti and sauce, ravioli/chili, hamburger helper, cookies, canned baked beans, vegetarian chili, box of chocolates, jello, puddings, Christmas treats, Mandarin oranges, jam, juice and any other items you might like to add.

**Gift certificate for perishables:** meat (ham/turkey), cheese, milk, eggs, bread, fresh vegetables

(Safeway/Save On/Superstore/Walmart are probably most convenient. )

## Miscellaneous:

Laundry soap, dish detergent, hand soap, toothpaste, shampoo, personal care items

## Additional Information:



Charitable tax receipts will be issued for donations of cash and purchases (including gift certificates) if receipts are provided.

Please call the Hamper Coordinator Debbie at 604.596.4321 or email [debbie.perkes@options.bc.ca](mailto:debbie.perkes@options.bc.ca) if you have any further questions. Thank you for your support and generosity.

