

Mental Health and Substance Use Resources

- Emergency Situation 911
- Suicide Line 1.800.784.2433
- Fraser Health Crisis Line..... 604.951.8855
- Urgent Care and Response Center Surrey 604.953.6200
- Alcoholics Anonymous - 24/7..... 604.660.9382
- Narcotics Anonymous - 24/7..... 604.873.1018
- Creekside Detox 604.587.3755
- Creekside Daytox 604.585.5610
- Roshni Clinic (Offered in Punjabi/Hindi)..... 604.953.6190

Where to Find Us

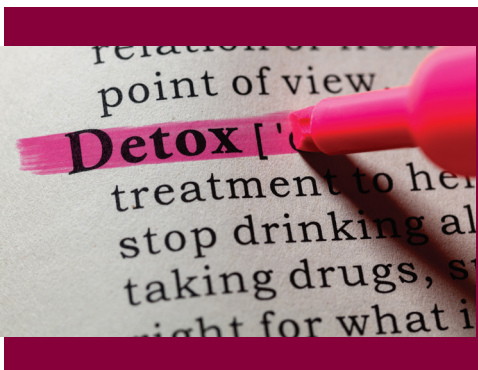
OPTIONS COMMUNITY SERVICES
NEWTON OFFICE
13520 - 78 Avenue
Surrey, B.C. V3W 8J6
P. 604.596.4321 | F. 604.572.7413

How to Contact Us

Program Manager:
Brittany Atkinson
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Medical Office Assistant:
home.detox@options.bc.ca
P: 604.596.4321 ext. 21160

Home Based Addictions Support and Detox Program



www.options.bc.ca



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Building community.
Inspiring hope.

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Home Based Addictions and Detox Program

About Us

Our program works to serve individuals who suffer from a substance use disorder (Alcohol, Opioids, Stimulants, etc), and are willing to participate in an at home detox program. Our services are for short term detox at the home residence. We are comprised of a team of Addictions Doctors, Nurses, counsellors and more. We are currently serving the Surrey, Delta, White rock, and Langley areas.

We offer culturally competent care, and services in English, Punjabi, and Hindi.



Referral/Intake

You can self-refer or someone can inquire on behalf of someone they know. Consent is needed from the participant before treatment will be initiated. You also must meet our minimum eligibility criteria.

- Must be 19 years or older,
- Must have a caregiver/support available for the first 72 hours.
- and must meet medical requirements.



Please reach out for more information on eligibility.

You can refer from multiple pathways:

1. Via telephone 604.596.4321 ext 21160
2. Via email home.detox@options.bc.ca
3. Via our website <https://www.options.bc.ca/>

How our Services Work

1. You send in your information and are contacted within 72 hours by our medical office assistant to do an intake assessment.
2. You will be determined for eligibility (if it is safe to do the withdrawal process at home).
3. Your file will be given to a nurse who will reach out and contact you for a pre-site assessment.
4. You will have a visit from a Doctor, Nurse and Outreach worker for assessment
5. You will be connected to the Counsellor, as well as groups being offered.
6. You will be given resources, and education alongside your family and/or supports.

Withdrawal Supports

We offer a variety of resources to help manage withdrawal symptoms for your comfort. There are some medications we can help offer for supports during the withdrawal process to help make you more comfortable. Nurses will be visiting daily in the first three days to help monitor and support you during the process.

Once the uncomfortable symptoms start to subside, we will offer counselling services, and group counselling/supports.