Caring Dads Group in English



Our program offers a specialized group counselling program for fathers focusing on addressing intimate relationship violence and its impact on children. Please note that this is not a parenting group. During the 17 -week group sessions, fathers can:



- Explore the dynamics of intimate relationship violence within the context of power and control.
- · Increase awareness of the effects of relationship violence on children.
- Develop skills for regulating emotions and fostering healthier relationships with both their children and the children's mothers.
- Acquire problem-solving strategies for handling challenging situations and managing relationship difficulties.



Information:

Every Wednesday June 4 - September 24, 2025 6 - 8:00 p.m.

Location

#101 13583 - 81 Avenue Surrey, BC V3W 3V8

For more information and to register:

Please contact <u>intake.dvip@options.bc.ca.</u>
All referrals must come through MCFD.